Addison Heights
Health and Rehabilitation Center

November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 • Sunday devotion • Sunday football	**Veterans Day Spirit Week** 2 *Dress in Camo* • Manicures • Praise & Worship with Taylor • Room Visits **Monday Night Football**	**Veterans Day Spirit Week** 3 *Wear Red, White & Blue* • **Veterans' Pinning Celebration @11AM** • Story Time • Room Visits	**Veterans Day Spirit Week** 4 *Dress in purple (Honor our military kids)* • Devotions/Military Poems • Bingo • Room Visits	**Veterans Day Spirit Week** 5 *Military T-shirts any Branch* • Name 3 fall events • Yoga with Heather • Room Visits	**Veterans Day Spirit Week** 6 *Wear RED* (remember everyone deployed) • Country Music & Coffee • Balloon Volleyball • Friday Check-In **PM** Movie in Dining Room	**Happy Saturday!!!** 7 Chat with Friends Card Games
8 Good morning church service Virtual Sing along	9 • Military Movie • Praise and worship with Taylor • Reminisce and take me back • Room Visits	10 • Who is a Veteran? • Patriotic sing-along • Room Visits	**Veterans Day** 11 • We remember our Heroes • Patriotic Craft • Room Visits	12 • What makes a Hero • Chair yoga with Heather • Room Visits • Compliment Circle **PM**	**Kindness Day!!!!** 13 • Thank-you cards • I appreciate ... game • Room Visits	14 Relaxing Music Catch up and Coffee
15 Virtual Sunday worship coloring pages	16 • Gratitude Tree • Praise and worship with Taylor • Would you Rather • Room Visits	17 • Turkey Craft • Thanksgiving Trivia • Beanbag Toss	18 • Thanksgiving memories • Bingo • Coloring pages	19 • Coffee and cake Social • Chair yoga with Heather • Photo sharing • Check In	20 • Family Traditions • Autumn jar craft • Outdoor Walk	21 • Classic TV shows • Theme song quiz
22 • Thankful Thoughts • sing-along hymns PM	23 • Walking Dessert • Thanksgiving • Make a gratitude list	24 • Decorate Tables • Holiday craft • Roll a pumpkin	**Happy Thanksgiving!!!** 25 • Pass the Pumpkin • Holiday Music	**Happy Thanksgiving!!!** 26 • Football game • Hallmark Thanksgiving movie • Gratitude check-in	27 • Native heritage learning • Story Sharing • Nature Art	28 • Local shop memories • Holiday Wish Lists
29 • Virtual Sunday Service	30 • Stencil Fun • Praise and worship with Taylor • Monday Check in					**Activity Schedule** 1st Activity 10:30AM 2nd Activity 2:00PM 3rd Activity 3:00PM Nighttime Activity 6:30PM

PROOF

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